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**"Everyone is so kind and helpful. I felt very comfortable and left well informed. Thank you!"**

Care Net Frederick Client

**"I would strongly recommend the center! It has great staff and much needed info. Everyone here is always great and I'm very thankful."**

Care Net Frederick Client

CORPORATE MISSION STATEMENT

To educate, equip, and empower women and men to make abundant life choices.

CORPORATE PURPOSE STATEMENT

We exist to share the love and truth of Christ to women and men making pregnancy decisions.

OUR COMMITMENT TO OUR CLIENTS

1. Clients always receive honest and open answers.
2. Pregnancy tests are distributed and administered in accordance with all applicable laws.
3. Client information is held in strict and absolute confidence. Client information is only disclosed as required by law and when necessary to protect the client or others against imminent harm.
4. Clients receive accurate information about pregnancy, fetal development, lifestyle issues, and related concerns.
5. We do not offer, recommend or refer for abortions or abortifacients, but we are committed to offering accurate information about abortion procedures and risks.
6. All of our advertising and communications are truthful and honest and accurately describe the services we offer.
7. All of our staff and volunteers receive proper training to uphold these standards.
8. Care Net Frederick does not provide abortions or arrange adoptions, so we have no financial interest in our client's decisions.

OUR COMMITMENT TO OUR COMMUNITY

1. We provide a safe environment by screening all volunteers and staff interacting with clients.
2. We are governed by a board of directors and operate in accordance with our Articles of Incorporation, By-laws, and stated purpose and mission.
3. We comply with applicable legal and regulatory requirements regarding employment, fundraising, financial management, taxation and public disclosure, including the filing of all applicable government reports in a timely manner.
4. Medical services are provided in accordance with all applicable laws, and in accordance with pertinent medical standards, under the supervision and direction of a licensed physician.

## CLIENT INFORMATION 2022—TOTAL CLIENTS SERVED—694

### Earn While You Learn

Clients Enrolled

Females—73

Males—9

In-Center Classes—13

Text Classes—69



**"You all are amazing!  
Thanks for all you do."**

*Care Net Frederick Client*

### Material Items Given Out

- Baby Food & Formula—766
  - Baby Clothes—6,235
  - Baby Wipes—1,365
- Car Seats— New—67\*, 18 Used
  - Diapers—46,068\*\*
  - Furniture Items—211
    - Layettes—52

Emergency Help Clients—250 Client Visits—509

\*Partially funded by The Community Foundation of Frederick County.

\*\*Partially funded by The Community Foundation of Frederick County and The Love of Christ Foundation.

### Client Statistics

Pregnancy Test Clients—166  
Ultrasounds Performed—76  
STI Clients—46  
Consultation Clients—5  
New Clients—167  
Positive Pregnancy Tests—145  
Spiritual Discussions—183  
Gospel Shared—121  
Received Prayer—102

36 clients were considering or vulnerable to abortion

20 clients chose to continue their pregnancy after receiving services at Care Net Frederick

## 2023 Strategic Goals

### Medical

Provide Abortion Pill Reversal (APR) services  
Offer expedited partner therapy for positive STI clients

### Client Services

Continue to build volunteer base  
Re-build Just for Guys support  
Increase the number of medical staff and/or volunteers to fully cover the hours the center is open

### Programs

Develop a class for couples to strengthen the family

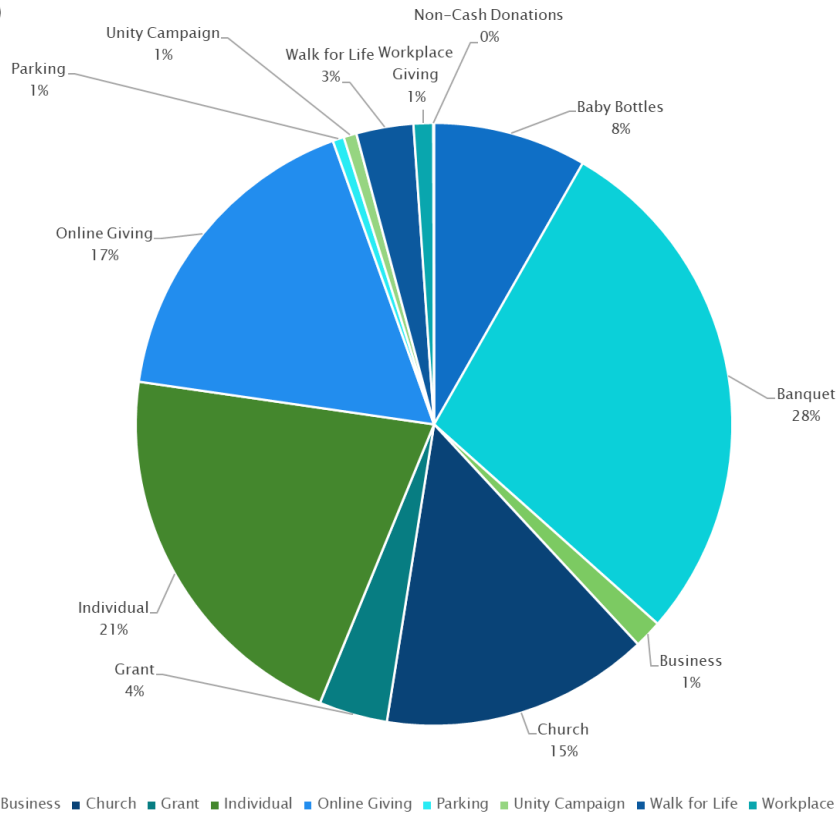
### Outreach

Expand and build church relationships (including education on Making Life Disciples program)  
Expand and build community relationships

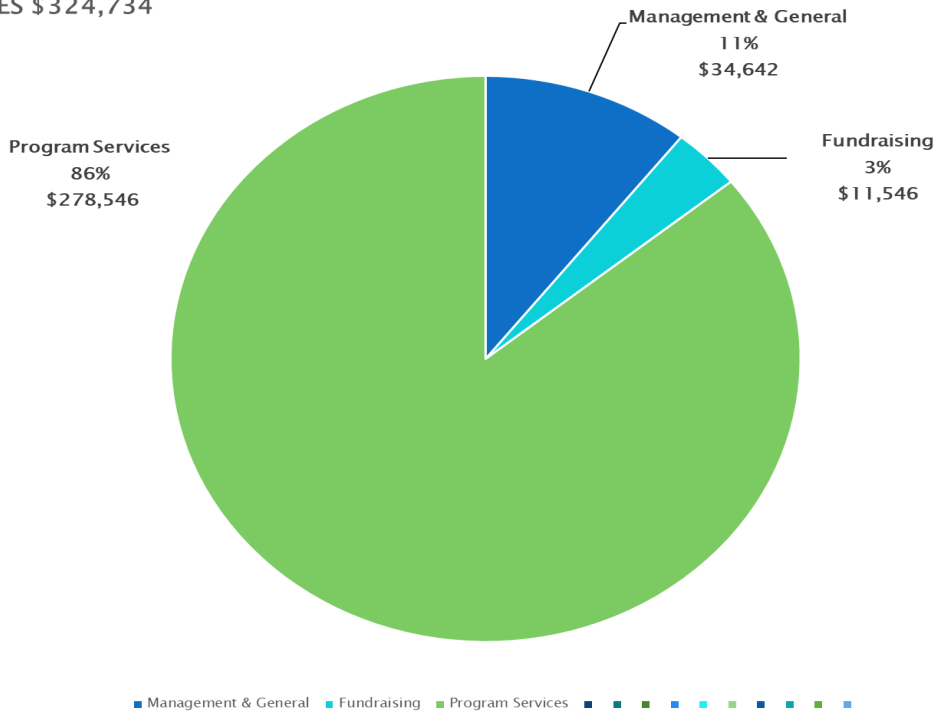
### Center

Emphasize spiritual strategies for the center  
Continue to research building expansion to accommodate services

2022 GIVING \$469,230  
 Total End-of-Year Assets  
 \$731,465



2022 EXPENSES \$324,734



**"The receptionist was kind and helpful. The client advocate was great support. The ultrasound provided relief and was very exciting. The doctor broke everything down. Everyone is so kind and helpful. I felt very comfortable and left well informed. Thank you!"**  
**Care Net Frederick Client**

**CALL TO ACTION!**

- ◆ Pray for the center
- ◆ Become a monthly donor
- ◆ Give a special financial gift
- ◆ Sponsor a table at our Celebration of Life event
  - ◆ Participate in our Walk for Life
  - ◆ Become a church liaison
  - ◆ Sign-up for our monthly e-blast
- ◆ Become an ambassador for the center
  - ◆ Volunteer in the center
  - ◆ Become a board member
- ◆ Become an advisory board member
- ◆ Implement the “Making Life Disciples” program in your church

**30 volunteers in 2022  
1,768 volunteers hours served**

**Board of Directors**

**Jesse Andrews**

President

**Robert Case**

Vice President

**Darlene Ely**

Treasurer

**Sheri Mullikin**

Secretary

**Amy Andrews**

Member

**Eric Colton**

Member

**Cecilia Vergara**

Member

**STAFF**

**Linda King**

Executive Director

**Sandy Christiansen, MD**

Medical Director/Staff Physician

**Melissa Kelly, RN**

Staff Nurse

**Dena Koerts Meijer**

Outreach Coordinator

**Kate Lynch**

Administrative Assistant

**Andrea Maxey**

Program Coordinator

**Cindy Morris**

Client Services Director

**Vicky Brock**

Client Services Manager

**Kirsty Silvera**

Bookkeeper

**Advisory Board**

**Margie Brubaker**

**Dr. Wayne & Darlene Crowder**

**Steve & Marcie Dorcus**

**Angie Gerald**

**Mike Giampietro**

**Vince & Terry LaScola**

**Elizabeth Stup**

**Dr. Yvette Warren**

**Ann Wilson**

**“Both visits the receptionist was very prompt and friendly, even though I was late for the first visit. I was told what to expect from the first phone call. The client advocate was very friendly, understanding and super supportive! I now know an accurate timeline of pregnancy. The doctor was great, informative, understanding and reassuring. Honestly the best experience I’ve had in my pregnancies.”**

**Care Net Frederick Client**

**Community Outreach**

- ◆ Good News Presbyterian-Women’s Meeting
- ◆ Fredericktowne Baptist-Great Commission Sunday
- ◆ New Beginnings Covenant Church-Family Fun & Game Night
  - ◆ Homewood Nursing Home-Baby Shower
    - ◆ Asbury UMC-Block Party
    - ◆ MorningStar Family Church
  - ◆ Asian American Center-Health Fair
    - ◆ DRCC-Missions Fair
- ◆ Judy Center-Mom’s Group-Waverley Elementary
  - ◆ Mission Point Fellowship
  - ◆ Judy Center-Lincoln Elementary

Care Net Pregnancy Center of Frederick  
707 N. Market Street, Frederick, MD 21701  
(301) 662-5300 www.carenetfrederick.org  
www.supportcarenet.org